



# Collar Grab

We want our dogs to love it when we put our hand on their collar or harness. We have to build that positive association.

- Have a handful of treats in one hand.
- Place your other hand on your dog's collar or harness. Allow them to nibble food out of your treat hand.
- Release your hand from the collar or harness when you run out of treats in your hand or close your hand over the food.
- Treats available when hand is on collar or harness and not available when your hand is not on the collar or harness.
- Repeat several times to build comfort and value for your touch.
- Top up this exercise often.

## **Collar Grab on the Move.**

- With your dog at your side, place your hand on their collar or harness and offer them a treat.
- Take a small step forward, backwards, or sideways with your hand remaining on the collar or harness and offer your dog a treat for moving with you.
- Repeat several times to build comfort and value for being close as you move within the limits of your hand on their collar or harness.

When our dogs feel tension on their collars, it can trigger opposition reflex, they need to pull away from the tension. This game will hopefully reframe what that tension means and transition over to loose leash walking.